



Hot Lunch - February 2015



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<u>Parmesan Noodles with Chicken</u> Baby Carrots Diced Pears Wheat Dinner Roll	<u>Orange Chicken</u> Mashed Potatoes Peas Banana Rye Bread	<u>Macaroni & Cheese with Chicken</u> Cucumber Salad Applesauce Wheat Bread	<u>BBQ Beef Patty</u> Steamed Rice Diced Carrots Tropical Fruit Rye Bread	<u>Chicken Nuggets</u> Mashed Potatoes QC Veggie Blend Fresh Apple
9	10	11	12	13
<u>Rotini Pasta & Meat Sauce</u> Green Beans Cinnamon Applesauce Wheat Bread	<u>Chicken Tender Wrap</u> Shredded Lettuce Black Beans Pineapple Chunks Soft Flour Tortilla	<u>Pizza Noodle Bake</u> Tossed Salad Banana Italian Bread	WCA Senior Fundraising Day Hotdog & chips & snack	No School
16	17	18	19	20
No School	<u>Salisbury Steak in Beef Gravy</u> Rotini Pasta Winter Veggie Blend Fresh Orange Wheat Dinner Roll	<u>Chicken Nuggets</u> Penne Pasta QC Veggie Blend Cinnamon Applesauce	<u>Meatballs in Beef Gravy</u> Steamed Rice Peas & Carrots Tropical Fruit Rye Bread	<u>Hamburger</u> Mashed Potatoes Corn Banana
23	24	25	26	27
WCA Senior Fundraising Day Hotdog & chips & snack	<u>Chicken Teriyaki</u> Rotini Pasta Broccoli & Ranch Dip Pineapple Chunks Rye Bread	<u>Cold BBQ Chicken Wrap</u> Shredded Lettuce Winter Veggie Blend Fresh Apple Soft Flour Tortilla	<u>Macaroni & Cheese</u> Peas & Carrots Banana Italian Bread	<u>French Bread Pizza</u> Peas Fresh Orange

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note: fresh fruit and veggies are subject to occasional change based on availability