



# Hot Lunch - November 2014



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<u>Chicken Nuggets</u> Steamed Rice Black Beans Fresh Orange	<u>Orange Chicken</u> Mashed Potatoes QC Veggie Blend Banana Wheat Dinner Roll	<u>WCA Senior Fundraising Day</u>  Hotdog & chips & snack	<u>Beef Taco</u> Lettuce, Cheese Green Beans Sliced Pears	<u>Hamburger</u> Rotini Pasta Broccoli Fresh Apple
10	11	12	13	14
<u>Shell Pasta with Meat Sauce</u> Green Beans Fresh Orange Wheat Bread	<u>BBQ Meatballs</u> Mashed Potatoes Corn Applesauce Rye Bread	<u>Chicken Tender Wrap</u> Lettuce Peas Sliced Pears Soft Flour Tortilla	<u>Macaroni &amp; Cheese Entrée</u> Broccoli Pineapple Chunks Rye Bread	<u>French Bread Pizza</u> Corn Fresh Apple
17	18	19	20	21
<u>Chicken Nuggets</u> Penne Pasta Peas and Carrots Applesauce	<u>WCA Senior Fundraising Day</u>  Hotdog & chips & snack	<u>Pizza Noodle Bake</u> Peas Banana Rye Bread	<u>Meatballs in Beef Gravy</u> Steamed Rice Diced Carrots Pineapple Chunks Wheat Bread	<u>BBQ Beef Patty</u> Mashed Potatoes Corn Fresh Orange Italian Bread
24	25	26	Thanksgiving 27	28
<u>Penne Pasta &amp; Meat Sauce</u> Baby Carrots Cinnamon Applesauce Wheat Bread	<u>Vegetable Noodle Soup &amp; Half Turkey Ham Sandwich</u> Green Beans Banana Rye Bread	No School	No School	No School

[www.qualitycateringforkids.com](http://www.qualitycateringforkids.com)



note: fresh fruit and veggies are subject to occasional change based on availability